

8th Grade				
Human Body-Your Lifestyle Affects Your Body				
Ch 6 Lesson 1				
Page	Question	Answer(s)	Links/Sources	Student Resources
202	What do you think are the most common medications that people take every day?	See resource.	https://www.drugreport.com/50-commonly-prescribed-drugs-in-america/	
202	How can using medications benefit a person?	Treating or curing symptoms, an illness or a disease. Prophylaxis.	https://www.fda.gov/drugs/information-consumers-and-patients-drugs/think-it-through-managing-benefits-and-risks-medicines	
202	Why do you think using medications only in the way they are prescribed by doctors is important?	The doctor is trained in knowing what medicine, how much, and for what the medication is needed. They also take a history of the patient and know what medication is contraindicated to an allergy, medicine, or medical condition.	https://www.fda.gov/drugs/special-features/why-you-need-take-your-medications-prescribed-or-instructed	
202	How has the availability of medication changed the world and treatment of diseases?	Lowered mortality rate, increased longevity, more cures and treatments, allowed us to fight diseases, etc.	https://www.medicalnewstoday.com/articles/323538	
203	Why do you suppose that some drugs are widely available without prescription, while other drugs are regulated and available only by prescription?	"Prescription drugs (or legend drugs) are drugs that require a prescription because they are considered to be potentially harmful if not used under the supervision of a licensed health care practitioner. Certain prescription drugs have additional controls placed upon them."	https://www.pharmacy.texas.gov/consumer/broch1.asp	
203	Why would it be important to mention any allergies (food or other) and other medicines you may be taking before a doctor prescribed medication?	Some medicines contain allergens and or a current medicine may be contraindicated to another one, causing more harm than good.	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3585575/	
203	How could this affect the person "borrowing" the medication?	"If you take drugs not prescribed to you and have an unexpected serious reaction, no one will know what you took, which can delay treatment. Using someone else's prescription drug can lead to overdose and increase your risk of prescription drug use disorder."	https://www.verywellmind.com/using-drugs-without-a-prescription-is-illegal-69457	
203	How could these be unhealthful things to do?	"Many people think they can stop their treatment when they feel better, but this is usually not the case. Not only will your condition worsen, you may experience side effects from abrupt medication withdrawal." Also developing resistant bacteria, viruses, or fungi is a possibility.	https://www.drugs.com/article/safety-tips-stopping-meds.html	

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205	What else would be a legal drug?	Cigarettes, alcohol, and marijuana (prescribed)	https://kidshealth.org/en/kids/know-drugs.html	
205	What is the relationship between drugs and good health?	Prescribed drugs for treatment or cure can get you back on track with health. Overusing can cause detriment as can alcohol, cigarettes, and marijuana.	https://kidshealth.org/en/kids/know-drugs.html	
205	Are these legal or illegal drugs?	Legal	https://kidshealth.org/en/kids/know-drugs.html	
205	Why is it harmful for anyone to use illegal drugs or misuse legal drugs?	Many detrimental effects, not just physical, but mental, emotional, and psychological as well.	https://americanaddictioncenters.org/health-complications-addiction/permanent-effects	
205	Is the amount needed to overdose the same for all people?	"Various factors influence the risk of overdose including: The substance used, How the substance is used (e.g., smoking, snorting, drinking or injecting), The power of the substance used, The length of time a drug stays in the body, If a drug is used alone or combined with others."	https://www.therecoveryvillage.com/drug-addiction/overdose-how-much/	
206	How can using illegal drugs put your body and mind at risk?	See resource	https://americanaddictioncenters.org/health-complications-addiction/permanent-effects	
206	Why would drug abusers spend more time alone?	So that they can feed their addiction or spending time with others that share the addiction	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4295122/ https://psychcentral.com/blog/why-addicts-are-often-lonely-people#1	
206	Are the penalties the same for all drugs?	No.	https://drugabuse.com/addiction/drug-abuse/penalties/	
207	How could these consequences affect people other than the drug abuser?	If drug abusers end up in jail, it costs tax payers money. The family of the drug abusers suffer a loss of relationship. Businesses can be broken into and or people can be robbed or pick pocketed out of desperation, etc.	https://www.justice.gov/archive/ndic/publications/118862/impact.htm	
207	How can drugs put your body at risk?	See resource.	https://kidshealth.org/en/kids/know-drugs.html	