

Grade 5

Human Body

Chapter 5 Lesson 2

Page	Question	Answer(s)	Links/Sources
168	What are some heredity factors you inherited?	Sample answers: The color of my eyes, my curly hair, my hitchhikers thumb, my long fingers.	
168	What types of food would give you the best nutrition?	Whole foods like fruits, vegetables, grains, nuts.	
170	How are these glands important for your body?	Salivary gland makes saliva which helps digest food and helps it easier to swallow; sweat glands help to cool the body.	
171	Why is dieting dangerous to a growing girl?	Sample answer: Dieting is dangerous for growing girls because their body needs essential nutrients to prepare the body for adulthood and possibly having children. Dieting does not provide these nutrients, this will likely have a negative effect on her in later life.	